



Wasilla ACTS

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A.C.T.S. CORE TEAM

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CORE Team Member Profile:



Scott Gunnell

I have been married for 28 years to my wife Mary Kay; have 3 children, and 5 grandchildren. I have been a member of Sacred Heart Church since 1984, and have been playing with your children (as a member of the confirmation team) for 10+/- years. I am always blessed by them every year. I was born in Federal Way Washington, and have 2 sisters and 1 brother. Being the son to parents who could not figure me out as a teenager, I wanted no part of the Church and now wonder why I am so involved in the Church! The Holy Spirit can really mess with a person!

For me the most meaningful part of a retreat is when the families and friends of the retreatants are introduced at [the community service] as the "Body of Christ", at that point of the retreat we can really see them as the "Body of Christ" and we are starting to see ourselves as part of that same "Body".

The main goal I see for ACTS is to bring men together with other men in an environment where our Faith and Spirituality can grow, and we can be comfortable in expressing that to others. I have the same goal for the Ladies, and then to be comfortable expressing that important Faith to others in the community, thus building our community.



Fr. Luz sharing with our ACTS community.

POLICY CORNER

An ACTS Retreat

An ACTS Retreat is a place where hearts are sure of each other. It is a place of confidence. It is a place where we tear off that mask of guarded and suspicious coldness which the world forces us to wear in self-defense and where we pour out the unreserved communications of full and confiding hearts. It is the place where expressions of tenderness gush out without sensation of awkwardness and without any dread of ridicule. It is a place where we speak freely knowing that our words will go no further.

Message of ACTS

ACTS is an acronym for Adoration, Community, Theology, and Service: and it is these four themes that are the focus of the activities of the weekend.

ACTS is inspired by the Acts of the Apostles 2:42-47: "They devoted themselves to the teaching of the apostles and to communal life, to the breaking of the bread and to prayers. Awe came upon everyone, and many wonders and signs were done through the apostles. All who believed were together and had all things in common; they would

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sell their property and possessions and divide them among all according to each one's need. Everyday they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals in exultation and sincerity of heart, praising God and enjoying favor with all people. And every day the Lord added to their number those who were being saved."

Looking Ahead

- ❖ CORE Team Meeting August 19 at 7:00pm, Sacred Heart (all are invited).
- ❖ CORE Team Meeting September 16 at 7:00pm, Sacred Heart (all are invited).
- ❖ ACTS sponsored Oktoberfest on October 9th.
- ❖ Wasilla Men's ACTS retreat Nov. 5-8.
- ❖ ACTS "recipe in a jar" fundraiser Dec. 5 & 6 after each mass.
- ❖ ACTS second annual Christmas party Dec. 11.
- ❖ Wasilla Women's ACTS retreat Feb. 4-7, 2010.



ACTS Community in Action.



Saint to Reflect On...

St. Ignatius Loyola

Founder of the Jesuits

Feast day: July 31



ACTS is planning to host a Social Event/Fundraiser, "OKTOBERFEST" on Friday, October 9, 2009. It will be an opportunity to enjoy some delicious German food prepared by ACTS sisters and brothers and to visit with our Parish family. In order for this to happen, we need a commitment from all of you to help as needed. Kathy Rounds is coordinating this event and has prepared a time schedule and the number of volunteers needed to make this possible. Please look over the schedule and look into your heart and choose a time or times to assist. Contact Kathy at rott1@mtaonline.net. Thanks and God bless.

If you are interested in being on the ACTS Team or the HOME Team (formerly called Out Team) for the upcoming Men's or Women's retreat, please contact the Team Directors.

Susan DeLoach 745-8041

Patrick Hall 357-7308

St. Ignatius was born in the family castle in Guipuzcoa, Spain, the youngest of 13 children, and was called Inigo. When he was old enough, he became a page, and then a soldier of Spain to fight against the French. A cannon ball and a series of bad operations ended his military career in 1521. While St. Ignatius recovered, he read the lives of the saints, and decided to dedicate himself to becoming a soldier of the Catholic Faith. Soon after he experienced visions, but a year later suffered a trial of fears and scruples, driving him almost to despair. Out of this experience he wrote his famous "Spiritual Exercises". After traveling and studying in different schools, he finished in Paris, where he received his degree at the age of 43. Many first hated St. Ignatius because of his humble lifestyle. Despite this, he attracted several followers at the university, including St. Francis Xavier, and soon started his order called The Society of Jesus, or Jesuits. There are 38 members of the Society of Jesus who have been declared Blessed, and 38 who have been canonized as saints. He died at the age of 65.

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